## Donning Gloves



## Purpose:

Assist the client in pulling on and removing tight-fitting garments, such as compression stockings and tights.

## **Instructions:**

Ensure that hands, gloves, and garments are clean and dry.

Begin at the client's toes. Bring the garment over the toes, heel, and ankle.

Pull the garment up the leg, gripping the fabric at the top.

Smooth any wrinkles in the garment.

